



Canoe Scotland: Whitewater & Whisky

a 7 day Scotland Canoeing Tour





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Day by Day Itinerary

Day 1 - Warmup paddling Loch Morlich, Whisky Tasting

We meet in Inverness at 1pm and transfer (1 hour) to Loch Morlich, in the heart of Cairngorms National Park. Our canoes are waiting and we get straight onto the water. It's a chance to refresh skills and enjoy the big mountain views from this scenic lake, before the journey begins tomorrow. We overnight in the nearby mountain village of Aviemore. After dinner, our guides will offer an informal whisky tasting in the hotel bar.

Paddle: 4 mi

Eat: Dinner

Sleep: Cairngorm Hotel

Day 2 - Paddling Loch Insh, Spey River to Boat of Garten

Our journey down the River Spey starts in earnest today. A short transfer (15 mins) takes us to our put in point at scenic Loch Insh. Following the outflow, we glide down the River Spey, passing through Aviemore and continuing to the village of Boat of Garten. We end our first day here and transfer back to Aviemore (15 mins) for the night.

Paddle: 12 mi

Eat: Breakfast, Lunch, Dinner

Sleep: Cairngorm Hotel

Day 3 - Paddle to Grantown, Distillery visit and Whisky Tasting

An easy morning in the canoes today as we glide from Boat of Garten downstream to the town of Grantown on Spey. Arriving around midday, we have lunch and then spend the afternoon getting better acquainted with the local malt whiskies! We'll visit a local distillery for a tour and tasting and pop into our favorite whisky shop - a tiny store packed with over 600 malts, including some very rare ones! We spend the night in the attractive town of Grantown-on-Spey.

Paddle: 4 mi

Eat: Breakfast, Lunch, Dinner

Sleep: Speyside Hotel

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Day 4 - Paddle past historic old Spey Bridge, Whitewater afternoon

Paddling away from Grantown-on-Spey, we pass under a couple of bridges, including the Old Spey Bridge which was built in 1754. There is time to work on the skills that will be essential when negotiating the rapids that lie ahead in the second half of the journey. We'll put these skills to use at the end of the day with a trip through the short but exciting rapid known as the 'Washing Machine'. A short transfer returns us to Grantown-on-Spey where we enjoy a night out at a favorite local restaurant.

Paddle: 13 mi

Eat: Breakfast, Lunch, Dinner

Sleep: Speyside Hotel

Day 5 - Whitewater on the Spey, Blacksboat to Craigellachie, Whisky Tasting.

We return to where we left off yesterday for a fun day on the river. Our moving water skills are tested today as we meet unforgettable rapids such as the Station Pool of Knockando, and numerous shorter rapids. We'll also pass by a few small villages (most of which have a whisky distillery) before finishing near the village of Aberlour, our base for the next 2 nights. Our guide will lead another whisky-tasting in a favorite local bar in the village.

Paddle: 10 mi

Eat: Breakfast, Lunch, Dinner

Sleep: Dowans Hotel

Day 6 - Final day of Paddling to Spey Bay.

We canoe along the final stretch of the Spey, where the valley widens as we approach the sea. We will put our new skills to good use on this stretch where the Spey twists its way through rolling rural farmland. We pass many beautiful pools and small islands before passing under a bridge at Fochabers, where the coastal plain emerges and we travel alongside gravel banks before reaching our journey's end at Spey Bay. We return to Aberlour to celebrate our journey with a memorable final night meal and, of course, a 'wee dram' of the local malt whisky.

Paddle: 14 mi

Eat: Breakfast, Lunch, Dinner

Sleep: Dowans Hotel



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Day 7 - Departure

After a relaxed breakfast, a 90 minute transfer takes us to the capital of the Highlands, Inverness, where our trip ends. We can drop off at the airport (regular flights to London, Amsterdam and Dublin), the railway station or at a city center hotel.

Travel: Shuttle to airport

Eat: Breakfast

Scheduled Dates You Can Join:

You can find the most up to date information on available departures and book your spots on the tour's webpage linked below. Lets Travel!

<https://pedalers.travel/inn-to-inn-canoeing-scotland-spey-river-whisky.htm>

Private Dates For Your Gang:

Any Pedalers tour can be made private at your request. If you don't see the date you want, we'll create one for you. A tip from our local experts, this tour is best enjoyed April through September, but July and August the river can be crowded.



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Why Pedalers?

Experience the Heart and Soul of Each Country with Our Local Expert Team

Our passionate and diverse team of local experts will guide you through their homeland, sharing intimate knowledge and hidden wonders. They are not just guides but also skilled bike mechanics, ensuring a comfortable and enjoyable ride. Unlike other tour companies, Pedalers' local crew brings an insider's perspective to the table. You'll be pampered by a friendly team, equipped with the skills to fix anything. A sweep rider and sag wagon provide support, and your baggage travels comfortably with you. Pedalers treats you like family, making your journey unforgettable.

Indulge in Mouthwatering Local Delights on a Culinary Adventure

Unlock the essence of culture through food as we take you on a culinary extravaganza. Bond with fellow riders over scrumptious dishes at local restaurants specializing in regional cuisine. Family-style dining lets you sample outstanding dishes, carefully chosen by our expert guides. Lunch is satisfying but not overwhelming, and breakfast offers comforting Western delights. Pedalers knows the importance of good food for cyclists, creating a mouthwatering experience that combines riding and dining.

Immerse Yourself in Authentic Accommodations, Where Culture Meets Comfort

Discover the charm of our handpicked accommodations. Pedalers takes a unique approach to accommodations, ensuring an authentic and immersive experience. Choose between Classic and Première Classe tours, each offering carefully selected lodging options. Classic tours feature mid-priced boutique inns that blend comfort with local character, while Première Classe tours add a touch of luxury to your adventure with upscale lodges and inns. Regardless of your choice, Pedalers' accommodations reflect the local culture, providing a delightful and comfortable stay that complements your journey.

Lodging:

Boutique Hotels, Inns & Resorts



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What's Included:

- 6 nights Accommodation in the area's better hotels (double occupancy)
- Meals from Dinner on Day 1 until Breakfast on Day 7, except as noted in itinerary
- Water, sodas or beer included at dinner
- All paddling gears and canoes
- Service of bilingual Team Pedalers Guide(s)
- Full Van Support
- Sightseeing and cultural activities
- Airport pick up & drop off

Meeting & Flights:

Tour meets in Inverness, Scotland (INV), fly in before 12 noon on Day 1.

Tour ends in Inverness, Scotland (INV), fly out after 12 noon on Day 7.

Many flights from the US / Canada require arriving the day before. Passports required for all, Visas maybe required depending on citizenship.

Route Conditions:

The river is a mix of calm flat water and one day with short, moderate whitewater stretches. Guides will be instructing guests on whitewater paddling prior to this stretch.

Passport, Visa and Travel Documents:

Passports are required for all guests unless you are a citizen of or currently residing in the UK. US and Canadian citizens can enter with a visa. Citizens of other countries should check with the British Embassy in their country for entry requirements applicable to your trip. We strongly recommend looking into this well in advance of your tour, so as to be prepared and not left standing at the gate.

Pedalers does not provide any visa processing services for tour guests.