

# Chiang Mai to Chiang Rai Bike Tour

a 7 day Thailand Bicycle Tour



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### Day by Day Itinerary

#### Day 1 - Welcome to Vibrant Chiang Mai: Bike Fitting and Cultural Orientation

As the sun begins to set, join our enthusiastic guide team and fellow adventurers at our charming hotel nestled in the heart of Chiang Mai's Old City. Get ready to embark on an extraordinary journey of local immersion and discovery. During orientation, we'll not only fit you to your trusty bicycle but also introduce you to the vibrant tapestry of Chiang Mai's culture. We'll kick off the adventure with a delectable welcome dinner at a hidden gem, a tiny riverside restaurant on the enchanting banks of the Ping River. Get ready to tantalize your taste buds with some of the best Thai cuisine Chiang Mai has to offer.

Relax: Free to explore until dinner

Eat: Dinner

Sleep Classic: The Rim Chiang Mai

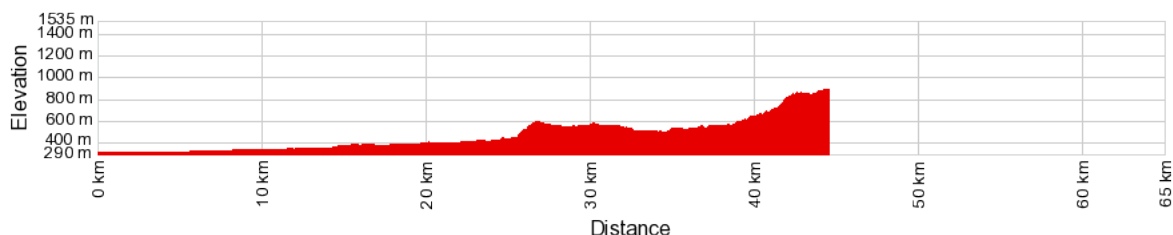
#### Day 2 - Rural Cycling to Pang Hai Village: Cave Exploration and Temple Visit

After a delicious breakfast, we'll whisk you away from the hustle and bustle of the city, avoiding the morning rush hour traffic. Our journey begins with a visit to local handicraft shops, where you can witness skilled artisans at work, preserving ancient traditions. Then, we'll venture into the tranquil countryside of Chiang Mai, pedaling through picturesque landscapes. Prepare to be awestruck as we visit Wat Tham Mae On, a magnificent temple nestled within an expansive limestone cave complex. Our day's destination is the charming mountain village of Pang Hai, where we'll experience the warm embrace of traditional wooden Thai houses and immerse ourselves in the local way of life.

Ride: 26 mi / 42 km, Land: hilly, slow climb

Eat: Breakfast, Lunch, Dinner

Sleep Classic: Lanna Pang Hai Homestay



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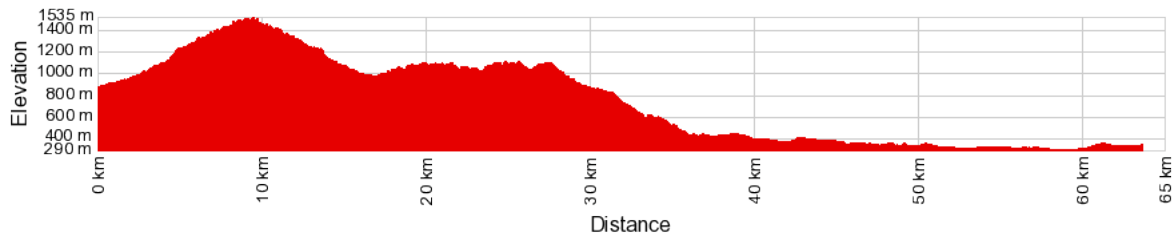
### Day 3 - Scenic Mountain Roads: National Park Expedition and Majestic Temple

Today, we embark on a breathtaking ride through the verdant forests of Chae Son National Park. Enveloped by the soothing shade of teak and other tropical hardwoods, we'll traverse peaceful mountain roads, far from the hustle of urban life. As we emerge from the lush foliage, a magnificent sight awaits us: Wat Chaloem Phrakiat Phrachomklao Rachanusorn, adorned with ethereal white stupas seemingly floating in the sky. After rejuvenating at our hotel, we'll journey to the summit of the peak to explore this awe-inspiring temple and its celestial stupas up close.

Ride: 33 mi / 54 km, Land: long slow climb

Eat: Breakfast, Lunch, Dinner

Sleep Classic: Leelawaddee Resort



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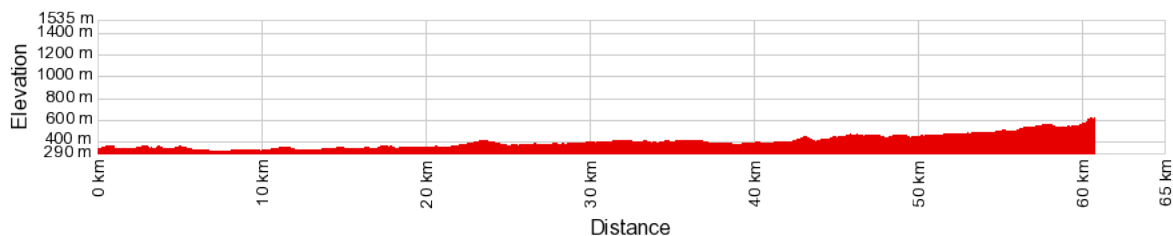
### Day 4 - Rural Serenity: Farmland Cycling and Lakeside Retreat in Phayao

After our exhilarating mountain rides, today is all about immersing ourselves in the idyllic flatlands that define this region. Our route meanders through picturesque farmlands, where vibrant towns punctuated by colorful temples and bustling fresh markets await our arrival. Indulge in the authentic charm of rural Thailand as we conclude our ride at the enchanting Ta Mok Waterfall, its cascading veils of water creating a soothing ambiance. From there, we'll drive to Phayao, bypassing busy main roads, and unwind at our lakeside hotel, basking in the tranquility of Phayao Lake.

Ride: 35 mi / 57 km, Land: flat

Eat: Breakfast, Lunch, Dinner

Sleep Classic: Nagatara Resort



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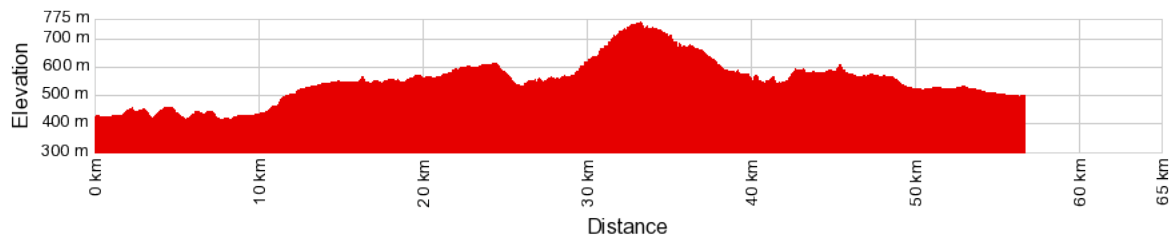
### Day 5 - Unveiling Ancient Secrets: Ruins, Teak Temples, and Cultural Heritage

To make the most of our day, we'll begin with a short shuttle ride to the outskirts of Chiang Mai, evading the morning traffic. As we embark on a leisurely ride, picturesque farmlands and vibrant villages will greet us along the way, showcasing the timeless beauty of rural life. Prepare to be transported back in time as we switch to sam-lors, traditional pedicabs driven by village residents, to explore the remarkable ruins of Wiang Lo, one of the three original northern kingdoms alongside Sukhothai and Chiang Saen. Continuing our cultural odyssey, we'll visit the extraordinary Wat Nantaram, an exquisite teak wood temple, and immerse ourselves in the Tai Lue People's heritage at Wat Phrathat Sob Wean, featuring a captivating museum.

Ride: 48 mi / 76 km, Land: flat

Eat: Breakfast, Lunch, Dinner

Sleep Classic: Rico Resort



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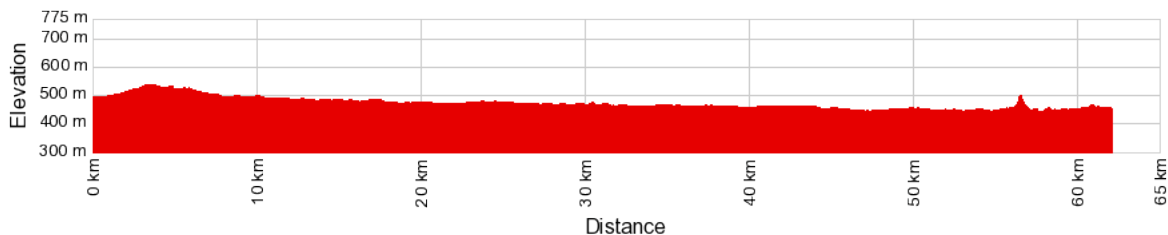
### Day 6 - Nature's Bounty: National Park Adventure and Culinary Delights in Chiang Rai

After savoring a delightful breakfast, we set off on our bicycles to discover the pristine beauty of Phu Sang National Park, where a refreshing waterfall fed by natural hot springs awaits our arrival. Taking in the park's splendor, we'll then turn our handlebars towards Chiang Rai, our journey unfolding amidst gently rolling rural terrain. Along the way, we'll traverse authentic Thai villages and towns, capturing the essence of local life. Our cycling expedition culminates at the vibrant Wiang Thoeng Municipal Market, a lively hub where you can indulge in a true sensory feast, from fresh fruits to delectable cooked foods, vibrant clothes, and intriguing household goods. Afterward, we'll shuttle into Chiang Rai, coming together for a memorable final dinner brimming with the tantalizing flavors of Thailand.

Ride: 29 mi / 47 km, Land: mix flat & small hills

Eat: Breakfast, Lunch, Dinner

Sleep Classic: Nak Nakara Hotel



### Day 7 - Farewell, But Not Goodbye: Departure and New Adventures Await

After a hearty breakfast, we'll arrange shuttle services to Chiang Rai Airport, bidding farewell to our incredible journey and each other. Whether you're heading home or embarking on new adventures, we part ways with a fond "Sawasdee khap" and the memories of our captivating exploration of Chiang Mai's local culture, foods, and history from a truly immersive, local perspective.

Travel: Shuttle to airport

Eat: Breakfast

\* Why are some route profiles cut off? Our profiles are all based on the same vertical and horizontal scale, so shorter days don't fill the graphic image. We feel this lets you compare days to each other better.



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### **Scheduled Dates You Can Join:**

You can find the most up to date information on available departures and book your spots on the tour's webpage linked below. Lets Travel!

<https://pedalers.travel/chiang-mai-to-chiang-rai-bike-tour.htm>

### **Private Dates For Your Gang:**

Any Pedalers tour can be made private at your request. If you don't see the date you want, we'll create one for you. A tip from our local experts, this tour is best enjoyed October thru February with warm temperatures and little rain.



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### Why Pedalers?

#### **Experience the Heart and Soul of Each Country with Our Local Expert Team**

Our passionate and diverse team of local experts will guide you through their homeland, sharing intimate knowledge and hidden wonders. They are not just guides but also skilled bike mechanics, ensuring a comfortable and enjoyable ride. Unlike other tour companies, Pedalers' local crew brings an insider's perspective to the table. You'll be pampered by a friendly team, equipped with the skills to fix anything. A sweep rider and sag wagon provide support, and your baggage travels comfortably with you. Pedalers treats you like family, making your journey unforgettable.

#### **Indulge in Mouthwatering Local Delights on a Culinary Adventure**

Unlock the essence of culture through food as we take you on a culinary extravaganza. Bond with fellow riders over scrumptious dishes at local restaurants specializing in regional cuisine. Family-style dining lets you sample outstanding dishes, carefully chosen by our expert guides. Lunch is satisfying but not overwhelming, and breakfast offers comforting Western delights. Pedalers knows the importance of good food for cyclists, creating a mouthwatering experience that combines riding and dining.

#### **Immerse Yourself in Authentic Accommodations, Where Culture Meets Comfort**

Discover the charm of our handpicked accommodations. Pedalers takes a unique approach to accommodations, ensuring an authentic and immersive experience. Choose between Classic and Première Classe tours, each offering carefully selected lodging options. Classic tours feature mid-priced boutique inns that blend comfort with local character, while Première Classe tours add a touch of luxury to your adventure with upscale lodges and inns. Regardless of your choice, Pedalers' accommodations reflect the local culture, providing a delightful and comfortable stay that complements your journey.

### **Lodging:**

Boutique Hotels, Inns & Resorts



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### What's Included:

- 6 nights Accommodation in the area's better hotels (double occupancy)
- All meals from Dinner on Day 1 until Breakfast on Day 7
- Water, sodas or beer included at dinner
- Rental bike
- Service of bilingual Team Pedalers Guide(s)
- Full Van Support
- Daily route directions and maps
- Sightseeing and cultural activities
- Airport pick up & drop off

### Meeting & Flights:

The tour meets in the afternoon of Day 1 at Chiang Mai Airport. Guides will meet your incoming flight between 12 noon and 5 pm, please plan your flights to arrive accordingly. The trip ends at Chiang Rai Airport around noon on Day 7. Guests who have booked their post tour accommodations in Chiang Rai through our office will be dropped at their lodges after the airport drop off.

Fly into Chiang Mai (CNX) between 12 noon & 5 pm on Day 1

Fly out of Chiang Rai (CEI) after 2 pm on Day 7

NOTE: Due to the late night arrival from and early morning departure of flights to North America, most guests will need to overnight in Bangkok going both directions.

For assistance with flights contact our friends at Exito Travel: [help.pedalers.travel/flights.htm](http://help.pedalers.travel/flights.htm)

### Domestic Flights:

We suggest booking your flight between Bangkok & Chiang Mai / Chiang Rai separately from your international flight, as it will usually work out much more economical. For ease of connecting with international flights at Bangkok's Suvarnabhumi Airport, we suggest using either Thai Smile Airways or Bangkok Airways.



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### **Route Conditions:**

The entire ride is on paved roads, most with nice pavement and wide shoulders. Traffic is moderate to light and very bike friendly. The route is suitable for performance road, sport road and touring bikes. Terrain is a mix flat, with some moderate hills midway through the route and at the finish point.

### **Passport, Visa and Travel Documents:**

Passports are required for all guests unless you are a citizen of or currently residing in Thailand. US and Canadian citizens can enter Thailand without a visa for up to 30 days (longer stays require a visa). Travelers entering without a visa may be required to show proof of their flight leaving Thailand before the 30 days are expired and may be asked to show proof of financial ability in the form of 20,000 Thai Baht or equivalent in western currency. Citizens of more than 50 other countries also qualify for the same visa free entry, guests should check with the Royal Thai Embassy in their country for entry requirements applicable to your trip. We strongly recommend looking into this well in advance of your tour, so as to be prepared and not left standing at the gate. You can find the closest Royal Thai Embassy here: <https://www.thaiembassy.org/>

Pedalers does not provide any visa processing services for tour guests.