

Kyoto Cycling Tour

a 7 day Japan Bicycle Tour





Kyoto Cycling Tour

a 7 day Japan Bicycle Tour

Day by Day Itinerary

Day 1 - Arrive in Kyoto

Arrival throughout the day. Group meeting and dinner at 18:00. During the welcome meeting the tour leader will do an introduction of the tour and destination providing useful information for the tour. After the briefing the guide will take the group on a short walk through the geisha district and a local dinner.

Relax: Freetime until dinner

Eat: Dinner

Sleep: Hotel Celestine Gion

Kyoto Cycling Tour

a 7 day Japan Bicycle Tour

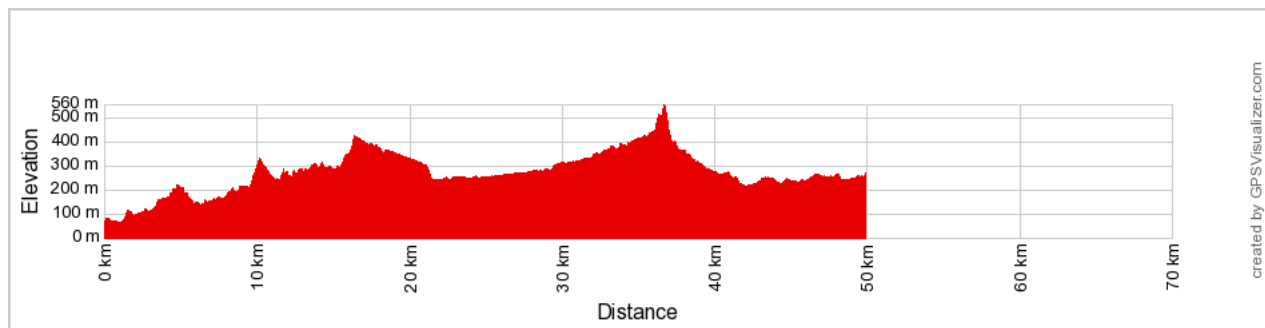
Day 2 - Kyoto - Kurama - Miyama

Today is the first day of cycling. After breakfast and checkout we will go to the bicycle station where we setup our bikes and start our journey through the countryside of Kyoto Prefecture. We will ride along the Kamo and Takano River as we leave the city of Kyoto behind us and enter the mountainous area to the Northeast of Kyoto to make our way to our first stop Kurama. Kurama is a small mountain village famous for the Kurama dera shrine. From here we will either hike or bike for a short while to reach the nearby village of Kibune. Famous for the Kifune shrine, Kibune is a charming and quaint village dotted with ryokans along a nice wooded mountain stream. We can enjoy a lunch here to rest and replenish our energy for the steep climb towards the rural township of Hanase via the Hanase Pass. We will pass through several remote rural villages where the roads see very little traffic and later ride along a river up to the Sari pass before reaching our final stop for the day - Miyama. Miyama is a modest hamlet with traditional thatched farmhouses of which most of them still have a residential function. There is also a small open air museum and some of the thatched houses are converted into pensions.

Ride: 41 mi / 66 km, Land: flat

Eat: Breakfast, Lunch, Dinner

Sleep: Kajikaso Inn



Kyoto Cycling Tour

a 7 day Japan Bicycle Tour

Day 3 - Miyama - Ayabe

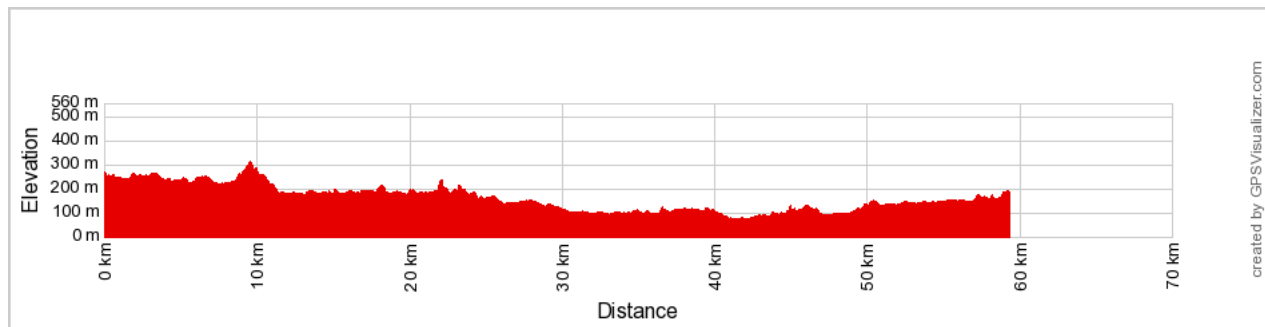
In the morning after breakfast we can try a fun traditional activity, pounding rice in a big wooden mortar with a mallet. The resulting mochi rice dough is a Japanese traditional delicacy. Once finished, we can either reward ourselves with freshly pounded mochi cake or save it as extra energy for later.

From Miyama we will cycle to the Tanba Kogen National Park Visitor Centre where we will have the opportunity to rest a little bit and enjoy the local refreshments whilst learning a bit about the national park. Then we continue to the Yura River and will follow the river until we reach the Ohno dam. For the sake of flood control the river widens below the dam, however it is considerably narrower past the dam. Further on we make a brief stop at the Konpira shrine and then continue via country roads to Ayabe onsen where we will stay for the night.

Ride: 28 mi / 45 km, Land: hilly

Eat: Breakfast, Lunch, Dinner

Sleep: Ayabe Onsen Niohan



Kyoto Cycling Tour

a 7 day Japan Bicycle Tour

Day 4 - Cycling to Amanohashidate

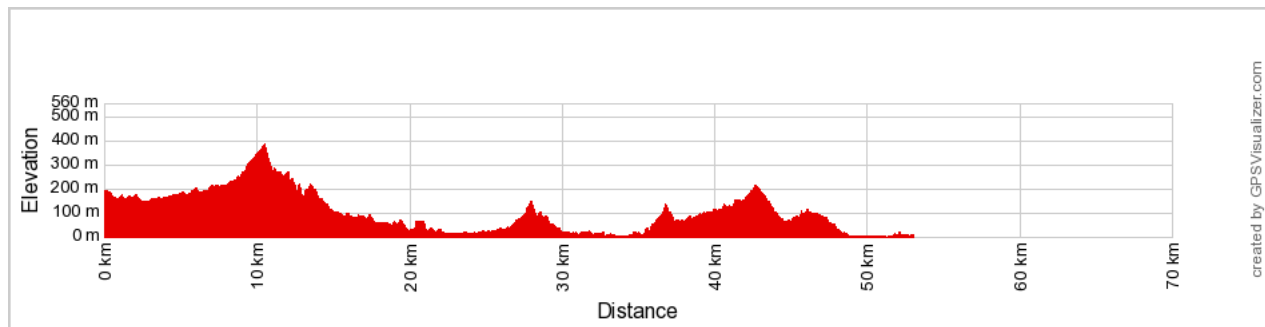
Today we ride past the Suwa shrine back towards the Yura River. We'll make a stop for tea and then cross the river and continue to the Komyoji temple. We will cycle along the river until we reach Casa Oriente. The building itself has been built in Showa era over 90 years ago, but has since been refurbished and transformed into a charming cafe and restaurant, ideal for our lunch break. After lunch we will continue to Miyazu, famous for one of the three most valued places of scenic beauty in Japan - Amanohashidate. The 3.3 km long sandbar connects two sides of Miyazu Bay and is fully traversable.

After arrival we will take the chairlift or cable car to Amanohashidate View Land and enjoy the view of this wonder of nature. If time permits we can go for a stroll on the sandbar before enjoying our dinner. We stay here at a ryokan in a historical wooden building with a traditional natural hot spring bath.

Ride: 36 mi / 57 km, Land: flat

Eat: Breakfast, Lunch, Dinner

Sleep: Seikiro Ryokan



Kyoto Cycling Tour

a 7 day Japan Bicycle Tour

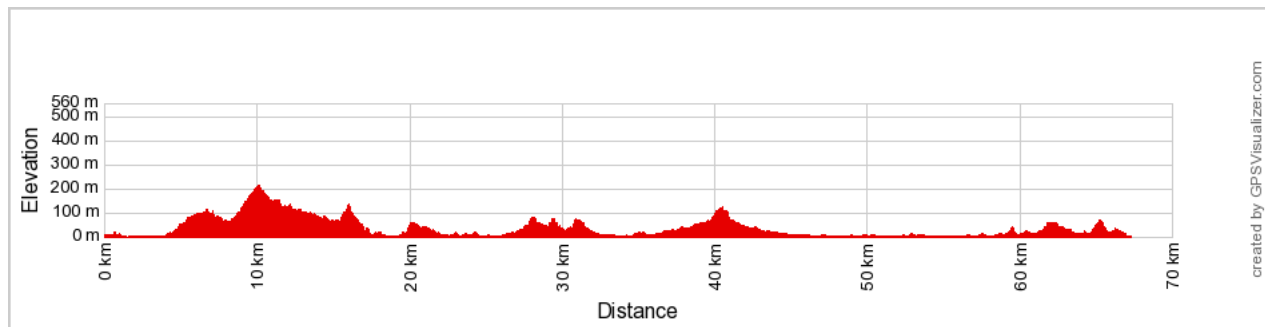
Day 5 - Amano Hashidate - Obama

Today we will cycle along the scenic coast towards Obama. We'll first cycle to Tango Yura where the Yura River enters the sea, then continue to the port town of Maizuru and past Kahara Park with a nice waterfall. Afterward we will continue to Uchiura bay, a beautiful bay with terraced rice fields that are considered one of the 100 most beautiful rice terraces in Japan. From Uchiura we will head out to the Aobayama herbal village on the foot of Mt Aoba in Takahara. The area is renowned for herb cultivation and is dotted by beautiful gardens with a path up the mountain, ideal for a short hike. We can enjoy a lunch or coffee at a local café. Those who favor a hands-on approach can participate in a workshop such as natural herb dying before we continue to Obama. Located on the Wakasa Bay, the historical castle town is considered one of the 100 most beautiful historical sights of Japan due to its well preserved traditional houses and its location on the wild rugged coastline.

Ride: 44 mi / 71 km, Land: flat

Eat: Breakfast, Lunch, Dinner

Sleep: Hotel Sekumiya



Kyoto Cycling Tour

a 7 day Japan Bicycle Tour

Day 6 - Obama - Omi Maiko

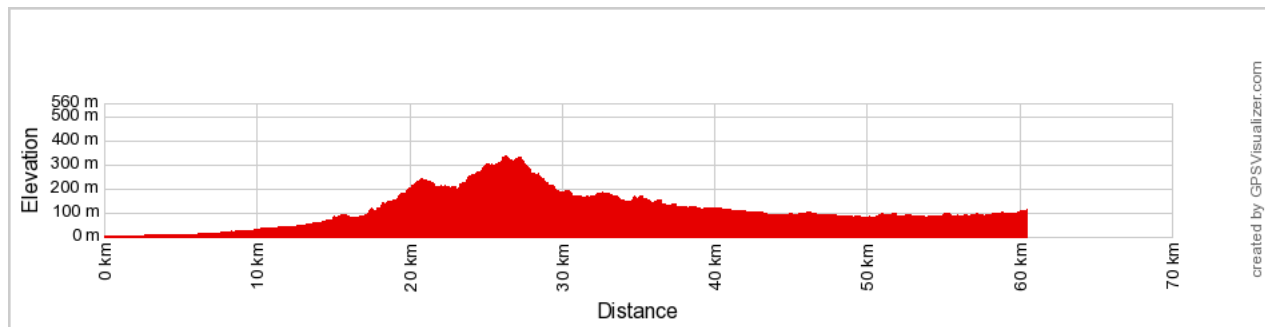
In the morning we can go for a stroll in this town dubbed as “Nara by the Sea?”. The city is rich in history and visitor may enjoy the charm of old streets with well-preserved town houses.

In the late morning we will leave the beautiful coast of the Japanese Sea behind us and instead move to another coast, but this time not of a sea but of the biggest fresh water lake in Japan: The Biwa Lake. On our way we shall pass through charming rural areas with traditional farm houses as well as smaller local temples and shrines. We reach the lake at Maiko Takashima and take a small break to enjoy the fresh air and scenery, before coasting along the lake to Omi Maiko - a popular beach for Kyoto-ites in summer.

Ride: 34 mi / 54 km, Land: hilly

Eat: Breakfast, Lunch, Dinner

Sleep: Biwa Lake Otsuka



Kyoto Cycling Tour

a 7 day Japan Bicycle Tour

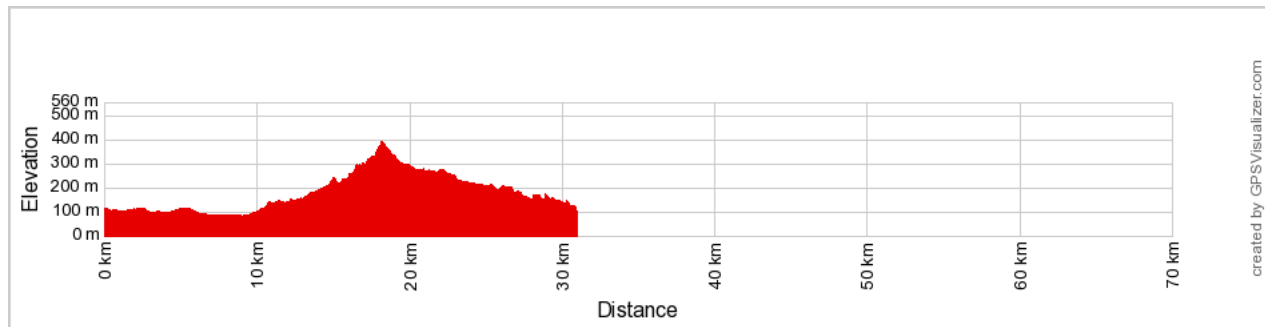
Day 7 - Omi Maiko - Ohara - Kyoto

After breakfast we start cycling along the lake until we reach Wani station. From here we move more inland past the Modoriki Jinja shrine and Hachimangu shrine to Ohara, famous for the beautiful Sanzen-in temple. We will make a brief stop here to visit the beautiful scenic temple and enjoy our lunch. From here we will cycle way down along the Takano River and past the Sairin-Ji Temple until we reach the outskirts of Kyoto. We will continue to the Shimogamo shrine and then cycle through the north districts of the city from the east to the west side of Kyoto. We will pass by the Kyoto Imperial Palace and continue west to Arashiyama via the Nishijin textile district.

Ride: 30 mi / 48 km, Land: hilly

Eat: Breakfast, Lunch, Dinner

Sleep: Suiran



Day 8 - Kyoto Check out

In the morning after breakfast you can enjoy the mountain backdrop of the Oi River from the classical garden at your accommodation or go for a stroll before checking out and either continuing your trip in Japan or make your way to the airport.

Travel: Shuttle to airport

Eat: Breakfast



Kyoto Cycling Tour

a 7 day Japan Bicycle Tour

Scheduled Dates You Can Join:

You can find the most up to date information on available departures and book your spots on the tour's webpage linked below. Lets Travel!

<https://pedalers.travel/japan-bike-tour-kyoto-cycling-holiday.htm>

Private Dates For Your Gang:

Any Pedalers tour can be made private at your request. If you don't see the date you want, we'll create one for you. A tip from our local experts, this tour is best enjoyed spring (March-May) and fall (September-November).



Kyoto Cycling Tour

a 7 day Japan Bicycle Tour

Why Pedalers?

Experience the Heart and Soul of Each Country with Our Local Expert Team

Our passionate and diverse team of local experts will guide you through their homeland, sharing intimate knowledge and hidden wonders. They are not just guides but also skilled bike mechanics, ensuring a comfortable and enjoyable ride. Unlike other tour companies, Pedalers' local crew brings an insider's perspective to the table. You'll be pampered by a friendly team, equipped with the skills to fix anything. A sweep rider and sag wagon provide support, and your baggage travels comfortably with you. Pedalers treats you like family, making your journey unforgettable.

Indulge in Mouthwatering Local Delights on a Culinary Adventure

Unlock the essence of culture through food as we take you on a culinary extravaganza. Bond with fellow riders over scrumptious dishes at local restaurants specializing in regional cuisine. Family-style dining lets you sample outstanding dishes, carefully chosen by our expert guides. Lunch is satisfying but not overwhelming, and breakfast offers comforting Western delights. Pedalers knows the importance of good food for cyclists, creating a mouthwatering experience that combines riding and dining.

Immerse Yourself in Authentic Accommodations, Where Culture Meets Comfort

Discover the charm of our handpicked accommodations. Pedalers takes a unique approach to accommodations, ensuring an authentic and immersive experience. Choose between Classic and Première Classe tours, each offering carefully selected lodging options. Classic tours feature mid-priced boutique inns that blend comfort with local character, while Première Classe tours add a touch of luxury to your adventure with upscale lodges and inns. Regardless of your choice, Pedalers' accommodations reflect the local culture, providing a delightful and comfortable stay that complements your journey.

Lodging:

Boutique Hotels, and traditional Japanese Inns (Minshuku & Ryokan)



Kyoto Cycling Tour

a 7 day Japan Bicycle Tour

What's Included:

- 7 nights Accommodation in the area's better hotels (double occupancy)
- Meals from Dinner on Day 1 until Breakfast on Day 8, except as noted in itinerary
- Water, sodas or beer included at dinner
- Rental bike
- Service of bilingual Team Pedalers Guide(s)
- Full Van Support
- Sightseeing and cultural activities
- Sake tasting
- Entrance fees

Meeting & Flights:

Tour meets and ends in Kyoto, Japan.

Guests can fly via Osaka (KIX), Nagoya (NGO) to Tokyo (NRT & HND), then catch the bullet train to Kyoto's main station.

Note: Most flight schedules from North America arrive on the second calendar day (ie: to arrive on Aug 4th, you would depart on Aug 3rd).

For assistance with flights contact our friends at Exito Travel: help.pedalers.travel/flights.htm

Route Conditions:

The entire ride is on paved roads, with some stretches on narrow lanes. Traffic is moderate to light (occasional short stretches on busier roads). Cycling is a mix of hills, small mountains and flat coastal stretches, along quieter rural highways and farm roads.



Kyoto Cycling Tour

a 7 day Japan Bicycle Tour

Passport, Visa and Travel Documents:

Passports are required for all guests unless you are a citizen of or currently residing in Japan. US and Canadian citizens can enter without a visa for up to 90 days. Citizens of other countries should check with the Japan Embassy in their country for entry requirements applicable to your trip. We strongly recommend looking into this well in advance of your tour, so as to be prepared and not left standing at the gate.

Pedalers does not provide any visa processing services for tour guests.