



# Hawaii Plantation Road Tour

## a 6 day USA Bicycle & Kayak Tour





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### Day by Day Itinerary

#### Day 1 - Dive into Kona: Coffee, History, and Time-Tested Tastes

Get ready for an epic start to your Pedalers adventure! Meet up with your crew in Kona, where your bikes await for a fitting that'll make them an extension of you. We'll then shuttle up to coffee country, perched on volcanic slopes, visiting the historic Painted Church and an older coffee plantation. Tonight's cozy spot is at the Manago Hotel in Captain Cook, offering stellar views over Kealakekua Bay. Cap off the day with a feast at Hawaii's oldest restaurant, a culinary gem since 1917, serving up Hawaiian-style delights.

Meet: Lobby of Royal Kona Resort

Sightseeing: 4 hours

Eat: Lunch, Dinner

Sleep: Manago Hotel

#### Day 2 - Paddle and Pedal Paradise: Kayaking and Downhill Bliss

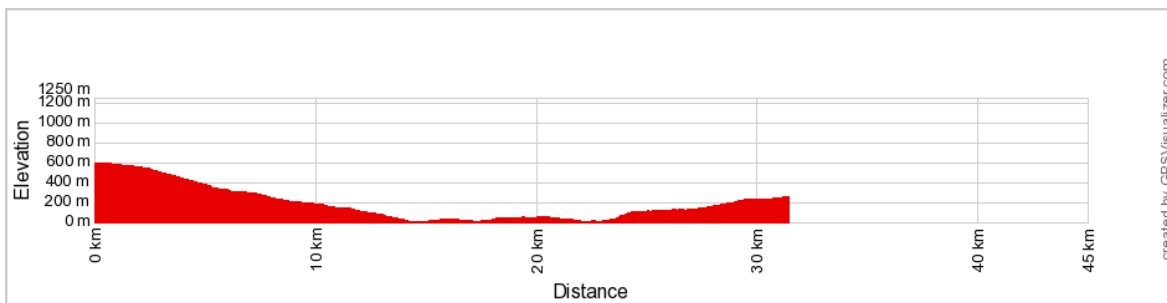
Rise and shine for an unforgettable day! After breakfast, meet Iwa, your kayaking guide and Kealakekua Bay native, for a paddle across the scenic bay to prime snorkeling spots. Shuttle out of the bay, cross vast lava fields, and kick off an afternoon ride to the former plantation town of Pahala, where you'll bed down in historic plantation buildings. Along the way, visit Na'alehu, the southernmost town in the USA, and savor Hawaiian Sweetbreads. Dinner - Delights prepared by our hosts with locally sourced goodness.

Paddle & Snorkel: 3 hours

Ride: 29 mi, Land: mostly downhill

Eat: Breakfast, Lunch, Dinner

Sleep: Pahala Plantation



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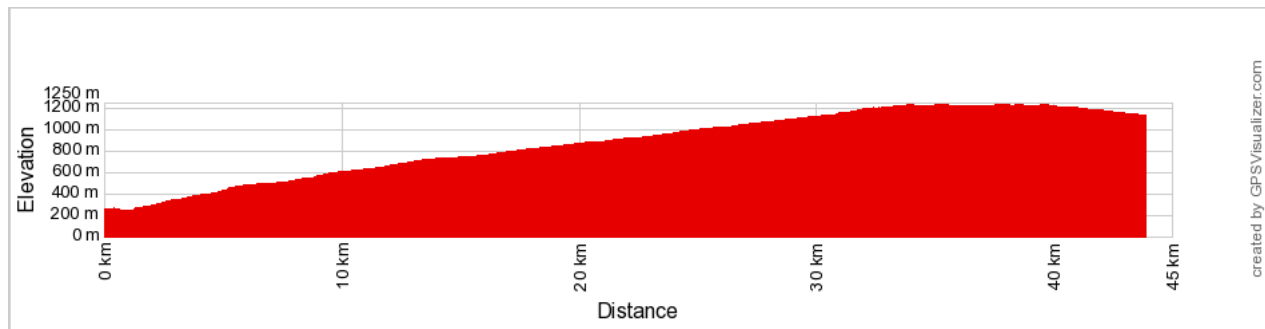
### Day 3 - Goddess of Fire Beckons: Cycling to Volcano with a Splash of Wine

Today, Tūtū Pele calls! Embark on a gradual uphill ride through macadamia groves, the Ka'u Desert, and rainforests to reach Kilauea Volcano. Pause for a wine tasting at Volcano Winery before settling into a hotel dating back to 1937 in Volcano Village. Cap off the day with dinner at the local favorite, Lava Rock Cafe.

Ride: 25 mi, Land: long slow climb

Eat: Breakfast, Lunch, Dinner

Sleep: Kilauea Lodge



### Day 4 - Your Volcano Playground: Free Day at Volcano National Park

Unleash your adventurer! Explore Volcano National Park, hike across the crater floor of Kilauea Iki, wander through the Thurston Lava Tube, or marvel at the petroglyphs at Pu'u Loa. Alternatively, bask in relaxation around the lodge, soak in the hot tub, or take a stroll through the rainforest trails.

Free Day

Eat: on your own

Sleep: Kilauea Lodge

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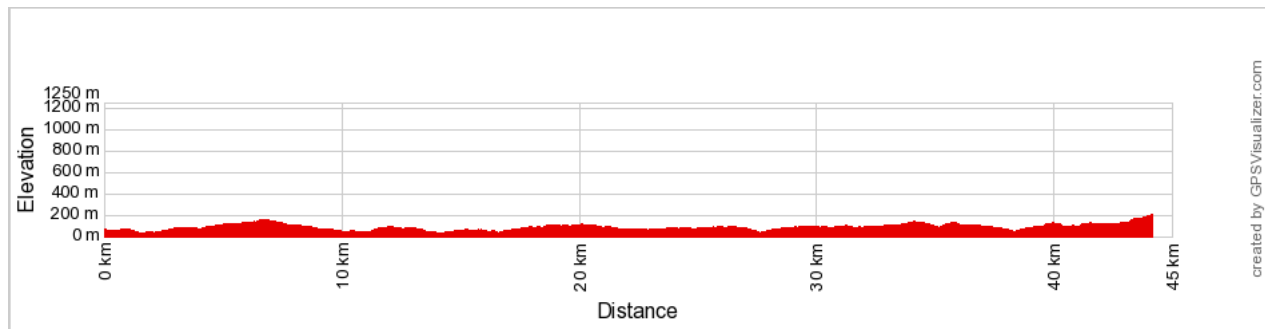
### Day 5 - Historic Highways and Coastal Charms: Ride the Hamakua Coast

Saddle up for our last island ride! Cruise along stretches of the historic Mamalahoa Highway, a gem from the 1920s winding through gorges and lush forests. Revel in the old road's charm as we wind down the ride in Waipio at a bed & breakfast housed in a 1920s plantation house. Cap the adventure with an exclusive chef-created dinner.

Ride: 35 mi, Land: hilly

Eat: Breakfast, Lunch, Dinner

Sleep: Waipio Wayside B&B



### Day 6 - Aloha and Adieu: Shuttle to Airport

Wrap up your Pedalers escapade with a delicious breakfast, courtesy of the same culinary genius. We'll then shuttle you back to Kona Airport, bidding fond farewells to an unforgettable Hawaiian cycling adventure. a hui hou kakou

Travel: Shuttle to airport

Eat: Breakfast

\* Why are some route profiles cut off? Our profiles are all based on the same vertical and horizontal scale, so shorter days don't fill the graphic image. We feel this lets you compare days to each other better.



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### **Scheduled Dates You Can Join:**

You can find the most up to date information on available departures and book your spots on the tour's webpage linked below. Lets Travel!

<https://pedalers.travel/bicycle-hawaii-plantation-roads.htm>

### **Private Dates For Your Gang:**

Any Pedalers tour can be made private at your request. If you don't see the date you want, we'll create one for you. A tip from our local experts, this tour is best enjoyed in spring (March to May) and fall (September to November) with less crowds and great weather.

### **Why Pedalers?**

#### **Experience the Heart and Soul of Each Country with Our Local Expert Team**

Our passionate and diverse team of local experts will guide you through their homeland, sharing intimate knowledge and hidden wonders. They are not just guides but also skilled bike mechanics, ensuring a comfortable and enjoyable ride. Unlike other tour companies, Pedalers' local crew brings an insider's perspective to the table. You'll be pampered by a friendly team, equipped with the skills to fix anything. A sweep rider and sag wagon provide support, and your baggage travels comfortably with you. Pedalers treats you like family, making your journey unforgettable.

#### **Indulge in Mouthwatering Local Delights on a Culinary Adventure**

Unlock the essence of culture through food as we take you on a culinary extravaganza. Bond with fellow riders over scrumptious dishes at local restaurants specializing in regional cuisine. Family-style dining lets you sample outstanding dishes, carefully chosen by our expert guides. Lunch is satisfying but not overwhelming, and breakfast offers comforting Western delights. Pedalers knows the importance of good food for cyclists, creating a mouthwatering experience that combines riding and dining.





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### **Immerse Yourself in Authentic Accommodations, Where Culture Meets Comfort**

Discover the charm of our handpicked accommodations. Pedalers takes a unique approach to accommodations, ensuring an authentic and immersive experience. Choose between Classic and Première Classe tours, each offering carefully selected lodging options. Classic tours feature mid-priced boutique inns that blend comfort with local character, while Première Classe tours add a touch of luxury to your adventure with upscale lodges and inns. Regardless of your choice, Pedalers' accommodations reflect the local culture, providing a delightful and comfortable stay that complements your journey.

### **Lodging:**

Boutique Hotels, Inns & Resorts

### **What's Included:**

- 5 nights Accommodation in the area's better hotels (double occupancy)
- 4 dinners, 4 picnic lunches, 4 breakfasts
- Rental bike
- Kayaking gear
- Service of Team Pedalers Guide(s)
- Full Van Support
- Sightseeing and cultural activities
- Airport pick up & drop off



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### **Meeting & Flights:**

Your group will meet in Kailua Kona on Day 1.

Fly into Kailua Kona (KOA) before 7 am on Day 1

Fly out of Kailua Kona (KOA) after 12 noon on Day 6

Note: Arriving the day before maybe required for many flights to the Big Island.

For assistance with flights contact our friends at Exito Travel: [help.pedalers.travel/flights.htm](http://help.pedalers.travel/flights.htm)

### **Route Conditions:**

The entire ride is on paved roads, with some stretches on narrow lanes. Traffic is moderate to light.

The route is suitable for performance road, sport road and touring bikes. Terrain is hilly, small coastal hills in the beginning, with some larger climbs in the later part while we are on the old volcanoes.

### **Passport, Visa and Travel Documents:**

Passports are not required for US citizens or US Green Card holders. Citizens of other countries should check with the nearest US Embassy to see if you can enter with an ESTA or require a visa. We strongly recommend looking into this well in advance of your tour, as visa processing times can sometimes be quite long. To locate the nearest US Embassy visit: <https://www.usembassy.gov/>.