

# Bike Across Southern Thailand

## an 11 day Thailand Bicycle Tour



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### Day by Day Itinerary

#### **Day 1 - Arrive Surat Thani, free time, enjoy a Thai seafood dinner with fish fresh from the ocean.**

We will meet you at Surat Thani Airport this afternoon, then transfer to our nearby lodge. After checking into our hotel, we will set up everyone's bike before tour orientation and your first taste of the awesome Thai cuisine prepared in this part of the country.

Relax: Free to explore until dinner

Eat: Dinner

Sleep: 100 Islands Resort

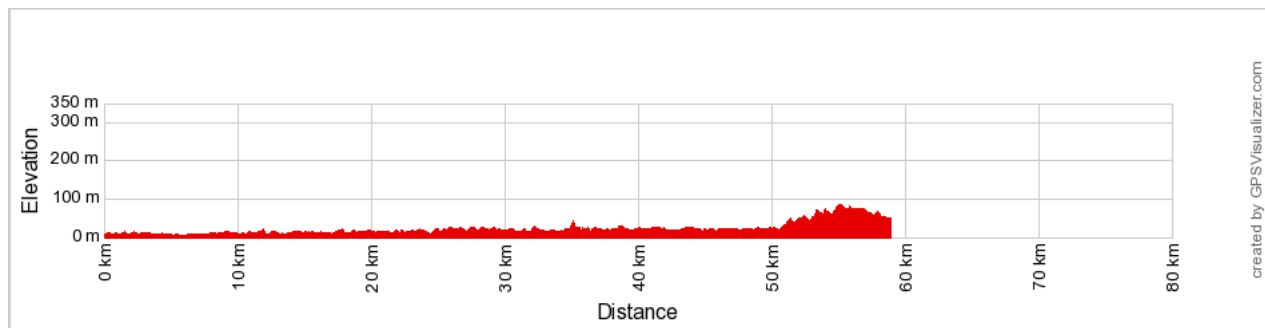
#### **Day 2 - Visit the temple cave of Wat Singh, cycle to Ratchapracha Reservoir**

After breakfast, we are off on our bikes, pedaling through the flat coastal agricultural areas surrounding Surat Thani. Off in the distance, you will see the rugged outlines of the Karst mountains slowly growing taller and more distinct as we approach. As we reach this seemingly impenetrable mountain range, you will discover it is actually numerous tall narrow peaks with flat spaces in between allowing easy passage through. Our goal is the Ratchaprapha Reservoir, where we travel by boat to our floating resort.

Ride: 31 mi / 50 km, Land: small hills

Eat: Breakfast, Lunch, Dinner

Sleep: Laguna Chiewlarn Resort



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### **Day 3 - Explore Crystal Cave and kayak a bit from our deluxe floating hotel on the lake.**

Today we will take a short boat ride to hike to the crystal caves, then in the afternoon take canoes out to explore the shores and towering cliff faces of this area. The colorful cliff faces rising up out of the waters provide awesome photo opportunities and the clear floor of the hotel's lobby opens up an under water world full of fish. Relax: Boat trip to cave, free time to kayak

Eat: Breakfast, Lunch, Dinner

Sleep: Laguna Chiewlarn Resort

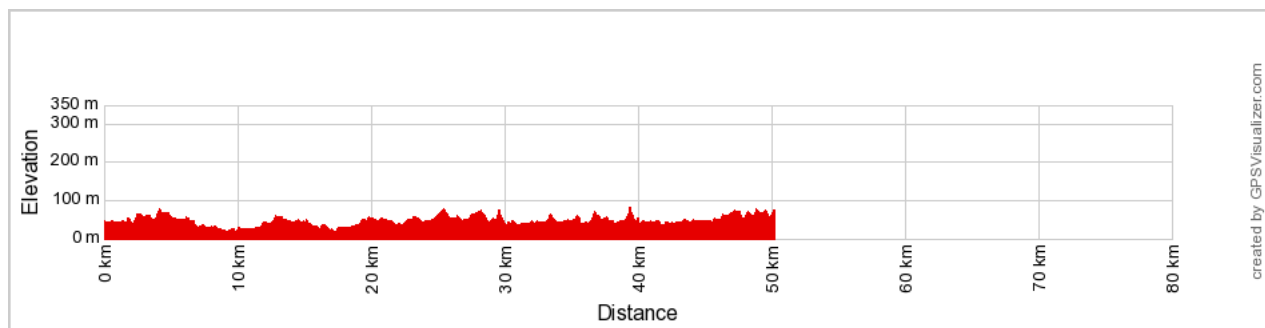
### **Day 4 - Relish riding through the towering karst cliffs en route to Khao Sok National Park, visit the Fish Temple.**

We travel by boat back to the dam, then head out on bikes towards the rest of Khao Sok National Park. The landscapes along our ride are magnificent, head turners every last one. We stop by the Fish Cave, to feed its colorful schools of fish, the wind down the day at a beautiful resort sitting under the color karst cliffs. Enjoy some free time at our lodge, before heading out to dinner.

Ride: 25 mi / 41 km, Land: small hills

Eat: Breakfast, Lunch, Dinner

Sleep: Rock & Treehouse Resort



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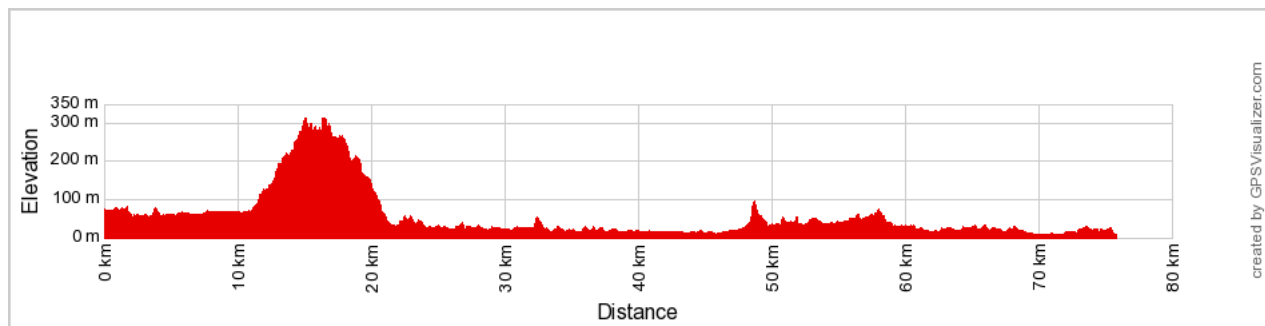
### **Day 5 - Pedal to the coast, explore the historic town of Takua Pa, spend the night overlooking Khao Lak Beach.**

Pedaling to the coast today, we will be making our way along quiet little back roads to our stop for tonight in Hat Khao Lak. This up and coming beach area sits just to the north of the National Park with the same name. Our lodge tonight sits in the heart of the main village, within easy walking distance to everything. Tonight, weather permitting, we will head up to Takua Pa Old Town for their Sunday Walking Street Market with lots of tasty street foods to sample.

Ride: 49 mi / 73 km, Land: moderate climb then small hills

Eat: Breakfast, Lunch, Dinner

Sleep: Baan Khaolak Resort



### **Day 6 - Travel by boat to Phang Nga Bay, use sea kayaks to explore the unique islands and their sea caves .**

This morning we will leave the bikes behind and enjoy a sea kayaking trip through the breathtaking islands of Phang Nga Bay. Our group will enjoy a self-paddled journey around the island, passing under overhangs with stalactites reaching down towards the sea. We will paddle into the hollow center of the island through sea caves at low tide, perhaps spotting Hornbills and monkeys. And enjoy a delightful fresh cooked Thai lunch on board our support ship.

Kayaking: 4 hours

Eat: Breakfast, Lunch, Dinner

Sleep: Baan Khaolak Resort

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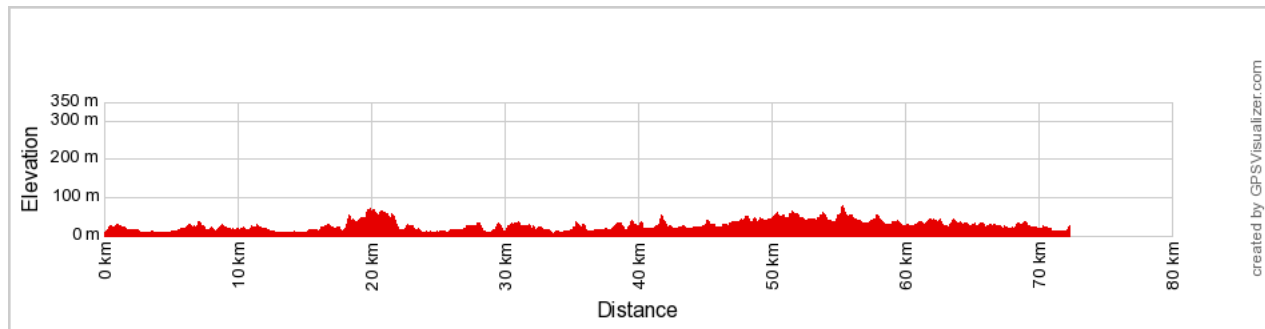
**Day 7 - Back on the bikes, through coconut, oil palm and rubber tree plantations, relax at our hotel surrounded by karst cliffs.**

We will leave the coast behind for most of today's ride as we head inland and wind our ways through the heart of the isthmus. This area is filled with small villages, farms and rubber plantations, where they still harvest the sap and make rubber the traditional way. Our historic lodging for tonight will in Phang Nga town, surrounded by the towering limestone cliffs that proliferate throughout the region.

Ride: 40 mi / 64 km, Land: small hills

Eat: Breakfast, Lunch, Dinner

Sleep: Phang Nga Origin Hotel



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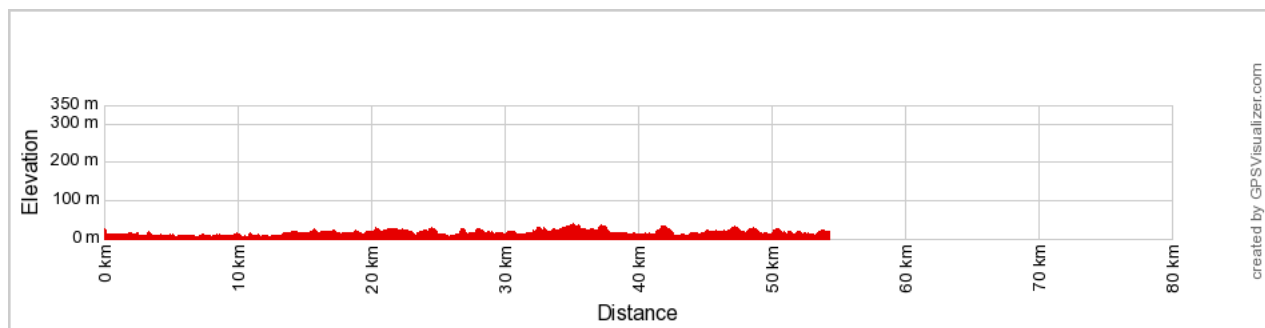
### **Day 8 - Rural cycling surrounded limestone cliffs, join plant species re-introduction project.**

Cycle through palm oil plantations enroute to the amazing karst cliffs that dominate this region. We are enroute to the dimiunitive village of Laem Sak, where villagers have banded together to promote community tourism. Visit a soft shell crab nursery and if weather permits join with locals restoring native orchid species to the forests.

Ride: 60 mi / 96 km, Land: flat

Eat: Breakfast, Lunch, Dinner

Sleep: Au Leuk Panoramic Resort





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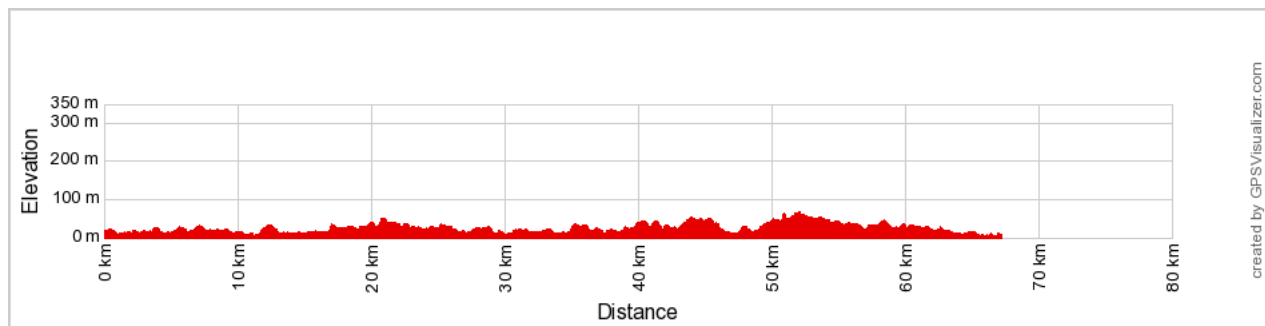
### **Day 9 - Flat cycling through narrow valleys lined by limestone cliffs of many hues, finish at Ao Nang Beach.**

Our day of pedaling takes us on a meandering route through the fantastic karst landscapes. Our route is inland and not along the coast today, but the views are awesome and the cycling pretty flat. We will leave the main road before we reach Krabi town itself and head back to the coast, to our lodge at Ao Nang Beach one of the prettiest in the region with towering cliffs dropping straight into deep blue waters.

Ride: 60 mi / 96 km, Land: flat

Eat: Breakfast, Lunch, Dinner

Sleep: Anda Dhevi Resort





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### **Day 10 - Sea kayaking through Mangrove forests, inhabited by monkeys, celebrate a memorable multisport tour with a delicious seafood dinner.**

Once again, we take to the ocean, exploring the Ao Thalane region near Krabi by sea kayak. This bay has dramatic canyons and thick mangrove forests that we paddle through, as stark contrast to the open seas and scattered islands of Phang Nga Bay. Perhaps we will spot monkeys or Monitor Lizards lounging in the forests. You have the afternoon free to relax before enjoying an awesome dinner of fresh seafood.

Kayaking: 3 hours

Eat: Breakfast, Lunch, Dinner

Sleep: Anda Dhevi Resort

### **Day 11 - Time to head out for your next adventure. Sawasdee khap**

After breakfast we will be shuttling folks to Krabi Airport for your flights home on onward to more adventures.

Travel: Shuttle to airport

Eat: Breakfast

### **Scheduled Dates You Can Join:**

You can find the most up to date information on available departures and book your spots on the tour's webpage linked below. Lets Travel!

<https://pedalers.travel/thailand-cycling-tours-bike-sea-kayak-thailand-land-sea.htm>

### **Private Dates For Your Gang:**

Any Pedalers tour can be made private at your request. If you don't see the date you want, we'll create one for you. A tip from our local experts, this tour is best enjoyed December thru May with warm temperatures and occasional rain.





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### Why Pedalers?

#### **Experience the Heart and Soul of Each Country with Our Local Expert Team**

Our passionate and diverse team of local experts will guide you through their homeland, sharing intimate knowledge and hidden wonders. They are not just guides but also skilled bike mechanics, ensuring a comfortable and enjoyable ride. Unlike other tour companies, Pedalers' local crew brings an insider's perspective to the table. You'll be pampered by a friendly team, equipped with the skills to fix anything. A sweep rider and sag wagon provide support, and your baggage travels comfortably with you. Pedalers treats you like family, making your journey unforgettable.

#### **Indulge in Mouthwatering Local Delights on a Culinary Adventure**

Unlock the essence of culture through food as we take you on a culinary extravaganza. Bond with fellow riders over scrumptious dishes at local restaurants specializing in regional cuisine. Family-style dining lets you sample outstanding dishes, carefully chosen by our expert guides. Lunch is satisfying but not overwhelming, and breakfast offers comforting Western delights. Pedalers knows the importance of good food for cyclists, creating a mouthwatering experience that combines riding and dining.

#### **Immerse Yourself in Authentic Accommodations, Where Culture Meets Comfort**

Discover the charm of our handpicked accommodations. Pedalers takes a unique approach to accommodations, ensuring an authentic and immersive experience. Choose between Classic and Première Classe tours, each offering carefully selected lodging options. Classic tours feature mid-priced boutique inns that blend comfort with local character, while Première Classe tours add a touch of luxury to your adventure with upscale lodges and inns. Regardless of your choice, Pedalers' accommodations reflect the local culture, providing a delightful and comfortable stay that complements your journey.

### **Lodging:**

Boutique Hotels, Inns & Resorts

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### What's Included:

- 9 nights Accommodation in the area's better hotels (double occupancy)
- Meals from Dinner on Day 1 until Breakfast on Day 10, except as noted in itinerary
- Water, sodas or beer included at dinner
- Rental bike
- Service of bilingual Team Pedalers Guide(s)
- Kayaking gear and support boat
- Full Van Support
- Daily route directions and maps
- Sightseeing and cultural activities
- Airport pick up & drop off

### Meeting & Flights:

Meet at Surat Thani Airport on Day 1.

Fly into Surat Thani (URT) before 4 pm on Day 1

Fly out of Krabi (KBV) after 10 am on Day 10

NOTE: Due to the late night arrival from and early morning departure of flights to North America, most guests will need to overnight in Bangkok going both directions.

For assistance with flights contact our friends at Exito Travel: [help.pedalers.travel/flights.htm](http://help.pedalers.travel/flights.htm)

### Domestic Flights:

We suggest booking your flight between Bangkok & Surat Thani and Krabi separately from your international flight, as it will usually work out much more economical. For ease of connecting with international flights at Bangkok's Suvarnabhumi Airport, we suggest using either Thai Airways, Bangkok Airways or Air Asia. For more info on the various carriers and links to their websites, please visit our Thai Travel page.



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### **Route Conditions:**

The entire ride is on paved roads, most with nice pavement and wide shoulders. Traffic is moderate to light and very bike friendly. The route is suitable for performance road, sport road and touring bikes. Terrain is a mix flat, with some moderate hills midway through the route and at the finish point.

### **Passport, Visa and Travel Documents:**

Passports are required for all guests unless you are a citizen of or currently residing in Thailand. US and Canadian citizens can enter Thailand without a visa for up to 30 days (longer stays require a visa). Travelers entering without a visa may be required to show proof of their flight leaving Thailand before the 30 days are expired and may be asked to show proof of financial ability in the form of 20,000 Thai Baht or equivalent in western currency. Citizens of more than 50 other countries also qualify for the same visa free entry, guests should check with the Royal Thai Embassy in their country for entry requirements applicable to your trip. We strongly recommend looking into this well in advance of your tour, so as to be prepared and not left standing at the gate. You can find the closest Royal Thai Embassy here: <https://www.thaiembassy.org/>

Pedalers does not provide any visa processing services for tour guests.