

Bangkok to Golden Triangle Bike Tour

a 14 day Thailand Bicycle Tour



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Day by Day Itinerary

Day 1 - Shuttle to Ayutthaya for walking tour, launch fire balloons in Uthai Thani, welcome dinner riverside.

Your group will gather this morning at Bangkok's Suvarnabhumi Airport, then drive north of the city to ancient Ayutthaya. We'll embark on a walking tour to explore some of the more significant ruins of this former capital city. After lunch, we continue north to the historic town of Uthai Thani, our launching point for this cycling holiday. We enjoy dinner at a floating restaurant followed by the launching of traditional khom loy (Thai Fire Balloons) for good luck.

Walk: 2 hours walking

Eat: Lunch, Dinner

Sleep: Uthai Heritage

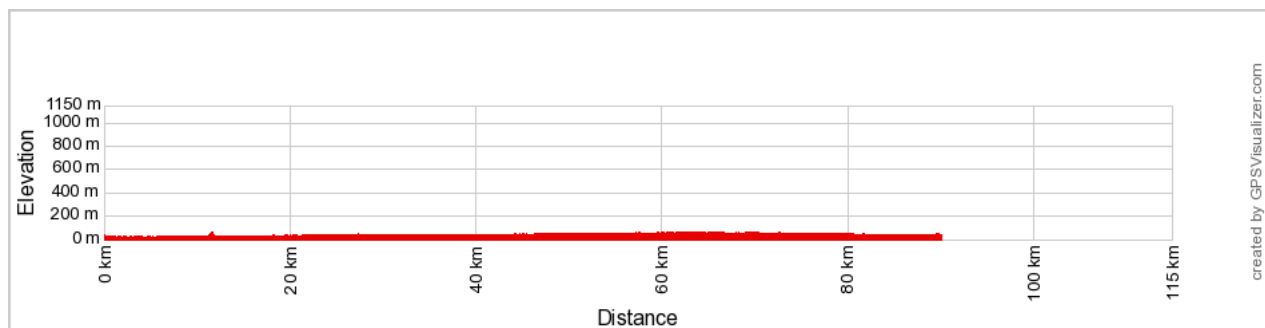
Day 2 - Ride through vast rice fields and colorful rural villages, visit the Monkey Temple at Wat Khao No, watch evening bat flight.

The first bike tour of the trip travels through the flat farmlands of the central Thailand, with emerald green rice fields stretching as far as the eye can see, punctuated by vibrantly colored temple complexes and wooden houses. Our small hotel tonight is tucked away just outside the tiny village Bahnpot Phisai. After reaching our hotel, we will shuttle over to explore Khao Noi, with its temple cave and thousands of monkeys roaming the grounds. At sunset we will be treated to one of nature's unique phenomena, a sunset bat flight with thousands of bats weaving through the evening sky.

Ride: 61 mi / 98 km, Land: flat

Eat: Breakfast, Lunch, Dinner

Sleep: Hug Home Khao No



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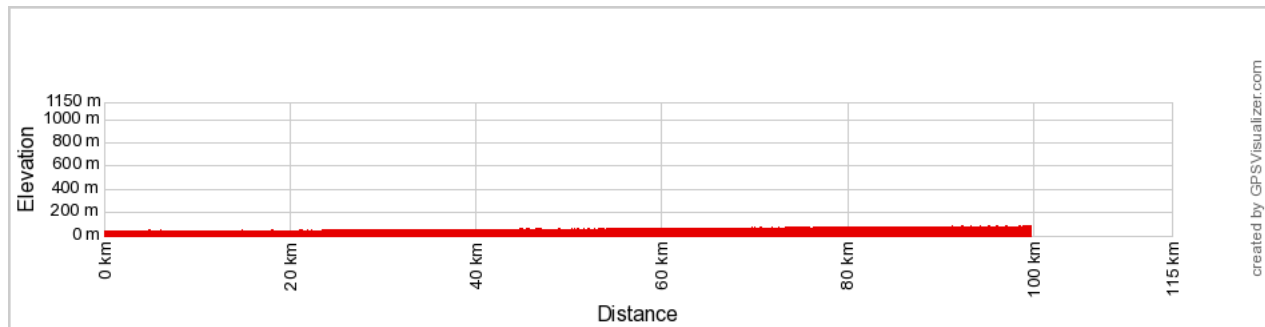
Day 3 - Explore the Chao Prayao Valley and traditional farming techniques, dinner at the night market.

Continuing north along smaller farm roads, we may have the opportunity to witness traditional agricultural methods, duck powered pest control, sun drying of tapioca and peppers, wind winnowing of rice hulls. Our goal for the evening is Kamphaeng Phet, another of Thailand's ancient kingdoms, dating from the Sukhothai Era (500 to 700 years ago). We head out for dinner at the night market at a small, simple cafe with a fabulous chef.

Ride: 59 mi / 95 km, Land: flat

Eat: Breakfast, Lunch, Dinner

Sleep: White Wall Riverfront Hotel



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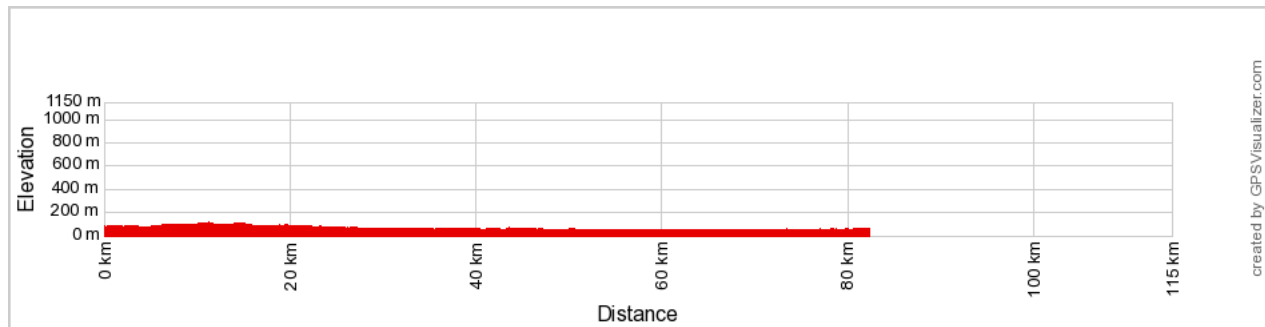
Day 4 - Discover the ancient ruins of Kamphaeng Phet, learn about making palm sugar candies, wind down in Sukhothai Historical Park.

In the morning we will pedal the short way through town to Kamphaeng Phet Historical Park. This UNESCO World Heritage Site has a section of ruins within the city containing the Imperial Temple complex among others and a second section tucked away in the forests outside the city. We will enjoy a walking tour of the first and then take our bikes for a ride through the second. From Kamphaeng Phet it is a short, scenic ride through rural Thailand to our next stop at the renowned ruins of Sukhothai and our hotel sitting just outside the historical park.

Ride: 53 mi / 85 km, Land: flat

Eat: Breakfast, Lunch, Dinner

Sleep: Legendha Resort



Day 5 - A free day to explore the 700 year old ruins of Sukhothai.

We start our day with a cycling trip through the Sukhothai Historical Park (a UNESCO World Heritage Site), where we will discover many fabulous ruins dating back some 500 to 700 years. The complex is an amazing tribute to the ancient kings and their visions. The afternoon is free to do as you please, relax poolside, stroll through town. For dinner, we will go "grazing" at the night food market, tasting an array of everyday Thai food, watching as the locals come to get their dinners (very few Thais have full kitchens at home, preferring to buy their prepared dinners at the markets).

Ride: 12 mi / 20 km, Land: flat

Eat: Breakfast, Dinner

Sleep: Legendha Resort

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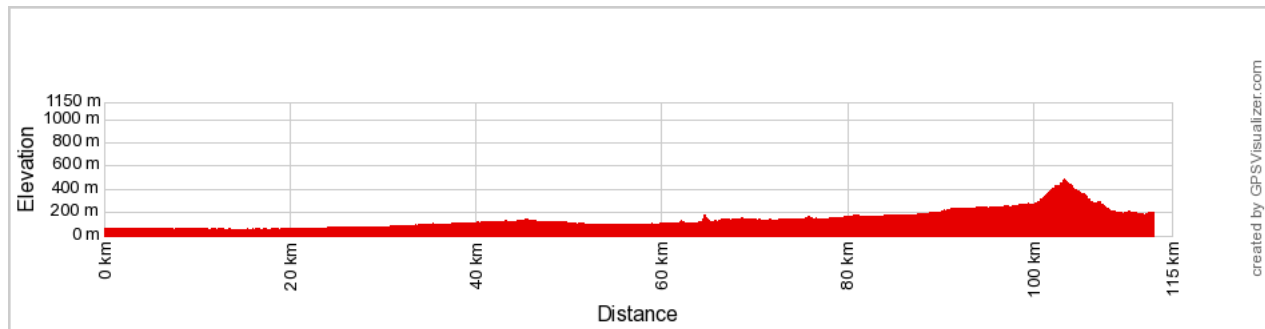
Day 6 - Cycle through rural Thailand to the crossroads town of Thoen.

We head north out of the agricultural regions and into the foothills of the northern mountains today. Much of the day is quite flat, but does give way to hills as we approach the crossroads town of Thoen. At one point during the ride, it appears that massive mountains block our way, but as we approach, we come to discover that they are really flat slabs of granite turned up on edge and are only a 100 feet thick, yet towering way above our heads. We will bed down tonight in Thoen.

Ride: 72 mi / 117 km, Land: small hills with big climb at end

Eat: Breakfast, Lunch, Dinner

Sleep: De Mala Country



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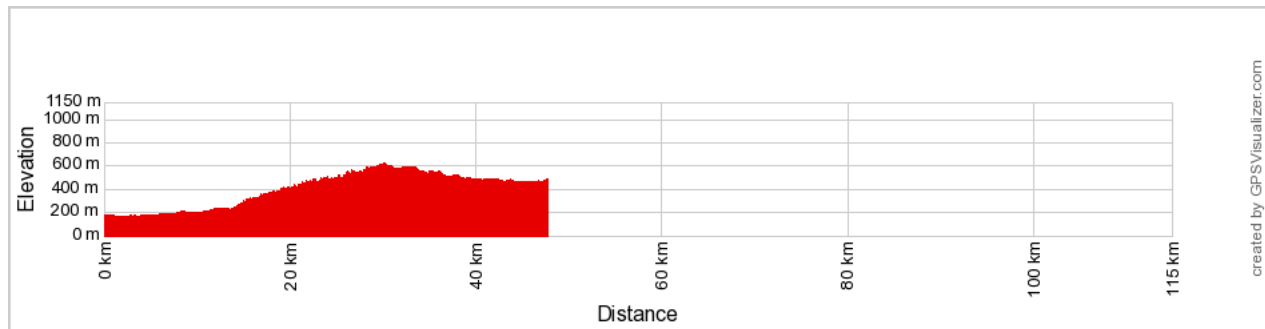
Day 7 - Roll through the hills to colorful Li, shuttle into Chiang Mai.

Our last bike ride of the first week follows rolls through the forested hills of the north. We'll see Teak trees with their ever present flowers, small rural villages where cyclists like us generate big smiles and lots of hellos. In late afternoon, we will shuttle into Chiang Mai to avoid the afternoon rush hour traffic. Tonight we head out for a traditional northern Khan Toke dinner with classical Thai and hill tribe dancing.

Ride: 46 mi / 75 km, Land: big climb, then small hills

Eat: Breakfast, Lunch, Dinner

Sleep: The Rim Chiang Mai



Day 8 - A free day to explore this 700 year old city.

Today is a free day. A variety of options of things to do in Chiang Mai is available, from cycling tours of Wiang Kum Kam, visits to handicraft shops, cooking classes, etc. Your guides will be glad to fill you in on the options and help you plan your day.

Relax: Free day

Eat: Breakfast

Sleep: The Rim Chiang Mai

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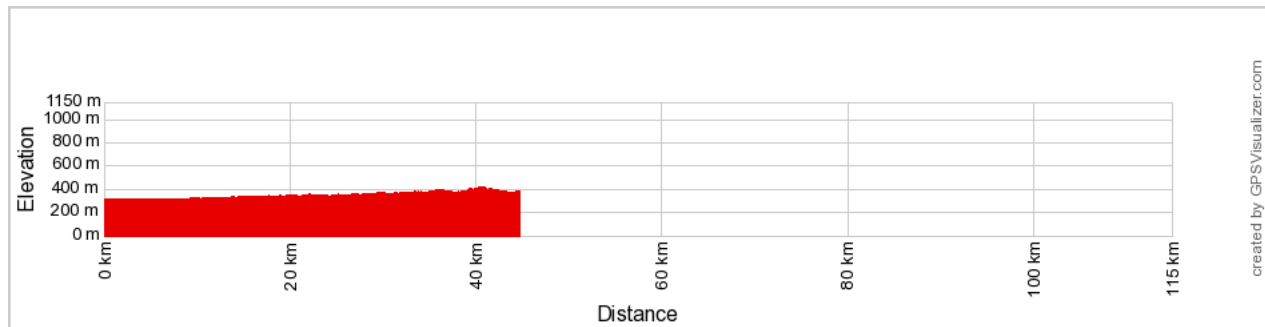
Day 9 - Cycle north to visit Mae Sa Valley, pedal through lush forests to diminutive Baan Rai.

We head north this morning, following small roads along the Mae Ping through villages and past flower farms. Lunch time will find us in the town of Mae Rim, where we will break from cycling to visit an orchid grower and a butterfly farm. In the afternoon, we remount our bikes for a beautiful ride through emerald rice paddies and past colorful temples en route to our overnight stop in the village of Baan Rai.

Ride: 31 mi / 50 km, Land: flat

Eat: Breakfast, Lunch, Dinner

Sleep: Phusanfah Resort



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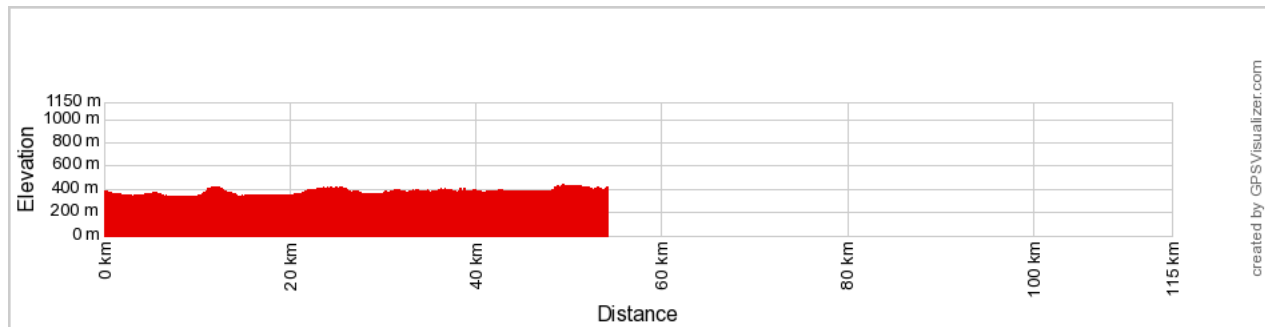
Day 10 - Hit the morning market of Mae Malai, explore the expansive Wat Baan Den Temple, cycle through Mae Ping Gorge.

Our morning ride takes us first to Mae Malai, where we visit a traditional market featuring a broad selection of local vegetables, fruits and fish, along with a tasty array of prepared foods from pad se yu (noodles) to fried insects. We will also visit the magnificent Wat Baan Den, before heading north into the rolling, forested countryside. Our bike tour winds down the day at a picturesque resort tucked in amongst the impressive karst hills ... relax by the lake with a cold Singha beer or on the porch of your teak cottage hidden in the gardens.

Ride: 57 mi / 92 km, Land: flat

Eat: Breakfast, Lunch, Dinner

Sleep: Changkham Luang Resort



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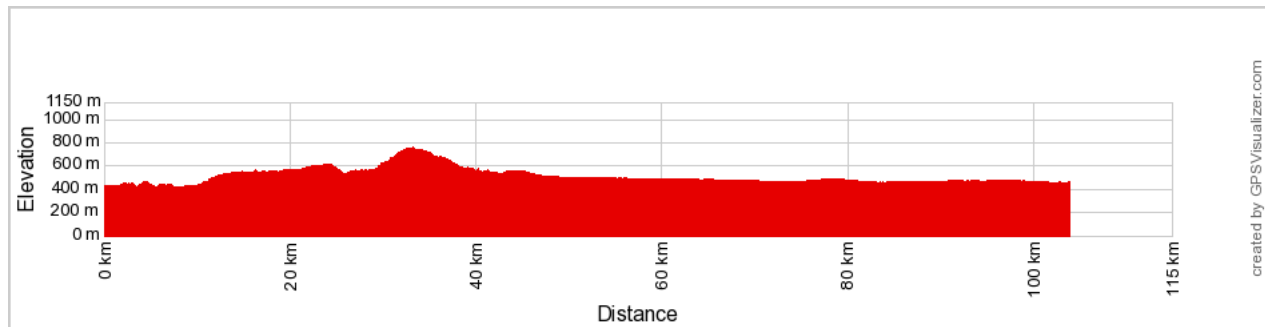
Day 11 - Bike to visit the Burmese style temple at Mae Ai, walk through the 1000 year old temple cave at Tab Tao, relax riverside in Tha Ton.

After breakfast this morning, we will pedal up to a beautiful giant Buddha, perched beneath the golden cliffs, then enjoy a thrilling descent onto the agricultural realm around Fang. We will visit Tham Tub Tao, an ancient temple complex with 100s of Buddha images inside a giant cavern. Each year a gathering of 2500 monks takes place at this temple and has been happening for hundreds of years. In the afternoon we will spend some time exploring Wat Mae Ai Luang, with its historic wooden temple featuring Burmese architecture, before rolling further north to Tha Ton, our overnight stopping point.

Ride: 54 mi / 88 km, Land: big climb then flat

Eat: Breakfast, Lunch, Dinner

Sleep: Maekok River Village



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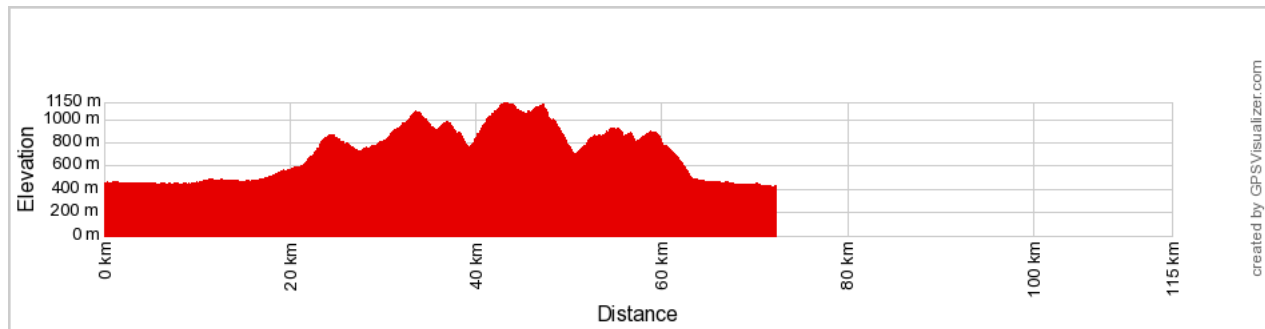
Day 12 - Mae Salong Tea village, roll through the green hill country.

As the morning fog burns off, we head out for a leisurely ride along the Mae Kok, watching as the villagers start their days in the fields. In late morning, we will load up in our sag and drive to Mae Salong village perched on the mountain top (avoiding a very steep climb). The village started by members of the KMT escaping China's civil war, is surrounded by tea plantations and markets. We will re-mount our bikes in the afternoon and continue our ride to a nice lodge out in the middle of nowhere surrounded by dramatic landscapes and bucolic quiet.

Ride: 52 mi / 85 km, Land: several big climbs

Eat: Breakfast, Lunch, Dinner

Sleep: Kornwat Garden Resort



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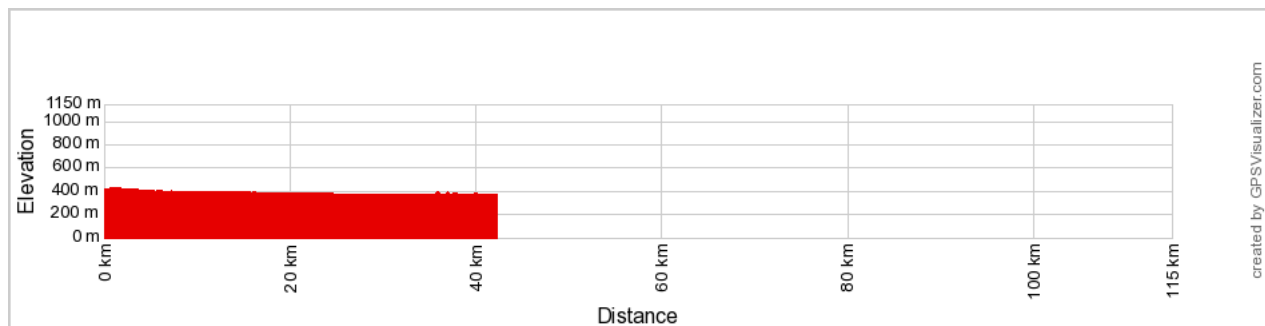
Day 13 - Rural cycling, visit Golden Triangle, dinner on the banks of the Mae Khong overlooking Laos.

The last ride through the Land of Smiles takes us to the Mae Khong (or Mekong River as many may know it). We will explore the ancient ruins of Chiang Saen, which date back some 900 years, visit the notorious Golden Triangle (though today is a bustling tourist destination), then settle down for the evening in our hotel overlooking the river and celebrate the end of a great ride with a great dinner riverside.

Ride: 36 mi / 58 km, Land: mostly flat

Eat: Breakfast, Lunch, Dinner

Sleep: Athita Boutique Resort



Day 14 - Time to head out for your next adventure.

Our cycling holiday must come to an end today. After breakfast we will visit the White Temple, a unique Buddhist temple featuring incredible carvings by a Chiang Rai artist. Then saying our fond farewells at Chiang Rai Airport. Khap khun khap, sawasdee khap.

Travel: Shuttle to airport

Eat: Breakfast

* Why are some route profiles cut off? Our profiles are all based on the same vertical and horizontal scale, so shorter days don't fill the graphic image. We feel this lets you compare days to each other better.



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Scheduled Dates You Can Join:

You can find the most up to date information on available departures and book your spots on the tour's webpage linked below. Lets Travel!

<https://pedalers.travel/thailand-bike-tours-ancient-kingdoms.htm>

Private Dates For Your Gang:

Any Pedalers tour can be made private at your request. If you don't see the date you want, we'll create one for you. A tip from our local experts, this tour is best enjoyed November thru March with warm temperatures and little rain.

Why Pedalers?

Experience the Heart and Soul of Each Country with Our Local Expert Team

Our passionate and diverse team of local experts will guide you through their homeland, sharing intimate knowledge and hidden wonders. They are not just guides but also skilled bike mechanics, ensuring a comfortable and enjoyable ride. Unlike other tour companies, Pedalers' local crew brings an insider's perspective to the table. You'll be pampered by a friendly team, equipped with the skills to fix anything. A sweep rider and sag wagon provide support, and your baggage travels comfortably with you. Pedalers treats you like family, making your journey unforgettable.

Indulge in Mouthwatering Local Delights on a Culinary Adventure

Unlock the essence of culture through food as we take you on a culinary extravaganza. Bond with fellow riders over scrumptious dishes at local restaurants specializing in regional cuisine. Family-style dining lets you sample outstanding dishes, carefully chosen by our expert guides. Lunch is satisfying but not overwhelming, and breakfast offers comforting Western delights. Pedalers knows the importance of good food for cyclists, creating a mouthwatering experience that combines riding and dining.



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Immerse Yourself in Authentic Accommodations, Where Culture Meets Comfort

Discover the charm of our handpicked accommodations. Pedalers takes a unique approach to accommodations, ensuring an authentic and immersive experience. Choose between Classic and Première Classe tours, each offering carefully selected lodging options. Classic tours feature mid-priced boutique inns that blend comfort with local character, while Première Classe tours add a touch of luxury to your adventure with upscale lodges and inns. Regardless of your choice, Pedalers' accommodations reflect the local culture, providing a delightful and comfortable stay that complements your journey.

Lodging:

Boutique Hotels, Inns & Resorts

What's Included:

- 13 nights Accommodation in the area's better hotels (double occupancy)
- Meals from Dinner on Day 1 until Breakfast on Day 14, except as noted in itinerary
- Water, sodas or beer included at dinner
- Service of bilingual Team Pedalers Guide(s)
- Full Van Support
- Daily route directions and maps
- Sightseeing and cultural activities
- Airport pick up & drop off



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Meeting & Flights:

The tour meets at 8 am on Day 1 at Bangkok's Suvarnabhumi Airport.

The trip ends at Chiang Rai Airport in late morning on Day 14. Guests who have booked their post tour accommodations in Chiang Mai through our office will be dropped at their lodges after the airport drop off.

Fly into Bangkok (BKK) before 6 am on Day 1

Fly out of Chiang Rai (CEI) after 12noon on Day 14

Note: Most flight schedules require overnighting in Bangkok upon departure.

For assistance with flights contact our friends at Exito Travel: help.pedalers.travel/flights.htm

Domestic Flights:

We suggest booking your flight from Chiang Rai back to Bangkok separately from your international flight, as it will usually work out much more economical. For ease of connecting with international flights at Bangkok's Suvarnabhumi Airport, we suggest using either Thai Airways or Bangkok Airways. For more info on the various carriers and links to their websites, please visit our Thai Travel page.

Route Conditions:

The entire ride is on paved roads, most with nice pavement and wide shoulders. Traffic is moderate to light and very bike friendly. The route is suitable for performance road, sport road and touring bikes. Terrain is a mix of flat, with some moderate hills on Days 6, 7, 11 and at the finish point.



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Passport, Visa and Travel Documents:

Passports are required for all guests unless you are a citizen of or currently residing in Thailand. US and Canadian citizens can enter Thailand without a visa for up to 30 days (longer stays require a visa). Travelers entering without a visa may be required to show proof of their flight leaving Thailand before the 30 days are expired and may be asked to show proof of financial ability in the form of 20,000 Thai Baht or equivalent in western currency. Citizens of more than 50 other countries also qualify for the same visa free entry, guests should check with the Royal Thai Embassy in their country for entry requirements applicable to your trip. We strongly recommend looking into this well in advance of your tour, so as to be prepared and not left standing at the gate. You can find the closest Royal Thai Embassy here: <https://www.thaiembassy.org/>

Pedalers does not provide any visa processing services for tour guests.