

# Across the Kra Isthmus



## an 8 day Thailand Bike Tour

### Day by Day Itinerary

**Day 1** - We will meet you at Surat Thani Airport this afternoon, then transfer to our nearby lodge. After checking into our hotel, we will set up everyone's bike before tour orientation and your first taste of the awesome Thai cuisine prepared in this part of the country.

**Day 2** - After breakfast, we are off on our bikes, pedaling through the flat coastal agricultural areas surrounding Surat Thani. Off in the distance, you will see the rugged outlines of the Karst mountains slowly growing taller and more distinct as we approach. As we reach this seemingly impenetrable mountain range, you will discover it is actually numerous tall narrow peaks with flat spaces in between allowing easy passage through. Our goal is the Ratchaphapha Reservoir, where we travel by boat to our floating resort. 31 mi / 50 km

**Day 3** - Today we will take a short boat ride to hike to the crystal caves, then in the afternoon take canoes out to explore the shores and towering cliff faces of this area. The colorful cliff faces rising up out of the waters provide awesome photo opportunities and the clear floor of the hotel's lobby opens up an under water world full of fish.

**Day 4** - We travel by boat back to the dam, then head out on bikes towards the rest of Khao Sok National Park. The landscapes along our ride are magnificent, head turners every last one. We stop by the Fish Cave, to feed its colorful schools of fish, the wind down the day at a beautiful resort sitting under the color karst cliffs. Enjoy some free time at our lodge, before heading out to dinner. 25 mi / 41 km

**Day 5** - Pedaling to the coast today, we will first be riding to Takua Pa town and then on to our stop for tonight in Hat Khao Lak. This up and coming beach area sits just to the north of the National Park with the same name. The picturesque beaches of Hat Khao Lak, while seeing an increase in development, still present a quiet getaway. Our lodge tonight sits right on the beach. 49 mi / 73 km

**Day 6** - We will leave the coast behind for most of today's ride as we head inland and wind our ways through the heart of the isthmus. This area is filled with small villages, farms and rubber plantations, where they still harvest the sap and make rubber the traditional way. Our lodging for tonight will be in Phang Nga town, surrounded by the towering limestone cliffs that proliferate throughout the region. 40 mi / 64 km

**Day 7** - Our day of pedaling takes us on a meandering route through the fantastic karst landscapes. Our route is inland and not along the coast today, but the views are awesome and the cycling pretty flat. We

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will leave the main road before we reach Krabi town itself and head back to the coast, to our lodge at Ao Nang Beach one of the prettiest in the region . . . towering cliffs dropping straight into deep blue waters.  
60 mi / 96 km

**Day 8** - After breakfast we will be shuttling folks to Krabi Airport for your flights home on onward to more adventures.

### **At Your Request:**

Private departures can be arranged pretty much year round. December thru March is best with warm temperatures and little rain. April & May are hot and sunny. June until November is the rainy season, cooler temperatures but a chance of several days of rain. Get your wheels rolling and request your At Your Request date today. Plan a trip for your bike club or corporate incentive, contact us for more details.

### **Lodging:**

Boutique Hotels, Inns & Resorts

### **What's Included:**

- 7 nights Accommodation in the area's better hotels (double occupancy)
- Meals from Dinner on Day 1 until Breakfast on Day 7, except as noted in itinerary
- Water, sodas or beer included at dinner
- Rental bike
- Service of bilingual Team Pedalers Guide(s)
- Kayaking gear and support boat
- Full Van Support
- Daily route directions and maps
- Sightseeing and cultural activities
- Airport pick up & drop off

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### **Meeting & Flights:**

Meet at Surat Thani Airport on Day 1.

Fly into Surat Thani (URT) before 4 pm on Day 1

Fly out of Krabi (KBV) after 10 am on Day 8

NOTE: Due to the late night arrival from and early morning departure of flights to North America, most guests will need to overnight in Bangkok going both directions.

### **Domestic Flights:**

We suggest booking your flight between Bangkok & Surat Thani and Krabi separately from your international flight, as it will usually work out much more economical. For ease of connecting with international flights at Bangkok's Suvarnabhumi Airport, we suggest using either Thai Airways, Bangkok Airways or Air Asia. For more info on the various carriers and links to their websites, please visit our Thai Travel page.

### **Route Conditions:**

The entire ride is on paved roads, most with nice pavement and wide shoulders. Traffic is moderate to light and very bike friendly. The route is suitable for performance road, sport road and touring bikes. Terrain is a mix flat, with some moderate hills midway through the route and at the finish point.

### **Visas & Travel Documents:**

Passports are required for all guests. Your passport should have at least 6 months validity past your intended travel dates. Visas are not required for citizens of the USA, Canada, UK, EU, Japan, Australia and New Zealand, a 30 day Entry Permit is issued upon arrival in Bangkok.