

Adventure Buffet



a 6 day Active Tour in Chiang Mai Thailand

The Buffet "Menu":

White Water Rafting on the Mae Taeng

Tackle the mighty and untamed Mae Taeng River, paddling our way through endless grade 3 and 4 rapids. Available May through February.

Mountain cycling - Rainforest Discovery (leisurely)

One of our greatest cross country jungle rides leaving the unsuspecting traveler with a long lasting impression of Northern Thailand's pristine country side.

Mountain cycling - Descent of Doi Pui (leisurely)

This is a great intro ride to off road mountain biking. The descent through Doi Suthep National Park presents us with great views of the Mae Ping Valley below and makes this one of the most scenic and popular rides.

Mountain cycling - Off Road in Doi Suthep National Park (intermediate)

Doi Suthep Park at its finest, starting at the summit, off road changes to single track leading us deep into a highland jungle gorge, a physical challenging climb out and a lengthy downhill rewards us with great views.

Road riding - Descent of Doi Suthep (easy)

Crusing down through the Suthep National Park past hill tribes villages, the Queen's Palace and a visit to Suthep Temple, magnificent views of Chiang Mai City from way above, this is everyone's all time favorite downhill fun ride.

Road riding - Doi Inthanon Descent (easy)

The only way to see Doi Inthanon National Park... by bike and with a 8000 feet advantage. This ride through the park with its beautiful waterfalls is a life time experience.

Road riding - Mae Taeng Escape (moderate)

The remote area of the upper Mae Taeng Valley features this forgotten road connecting small hill tribe villages in superb mountainscape. Great for fit riding groups and its vehicle support makes it great for a memorable family outing.

River Kayaking - Chiang Dao Jungle Paddle (moderate)

Kayaking through the dense jungles for a taste of remote Thailand as you paddle the upper Mae Ping (Ping River), abundant wildlife and birds. Available November through April.

River Kayaking - Chiang Dao Scenic Paddle (easy)

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Paddling a different stretch of the Mae Ping, through orchards, farmlands and past small villages, all the time with views of towering Doi Chiang Dao, said to be the southern terminus of the Himalayas.

River Kayaking - The Mae Ngat (moderate)

A swifter river coursing through thick forests and lush landscapes. A more challenging paddle, but still within the realm of enthusiastic beginners.

Cultural Hiking* (strenuous)

Hiking on local forest trails via a circular route visiting people of the Akha, Lahu and Karen indigenous hill-tribe groups. Introduction to their Culture and Lifestyle (guides speak the local dialects).

Scenic Hiking* (strenuous)

Following forest trails, enjoy a freshly prepared local Thai picnic lunch at tribal village of the Lahu people. Introduction to their customs and way of life. Head off on foot following forested trails passing by villages along the way. Great scenic views Continue to hiking to waterfalls.

Cooking class

Learn to cook four to five popular Thai dishes, discover how the spices, herbs and flavors interact. Then sit down with your classmates for an awesome dinner.

* hiking trips require that your party has at least 3 people and count as two days of activity, as they are long tiring days & most folks want a free day afterwards.

The Itinerary:

First Day: Arrive in Chiang Mai at your leisure, our local tour manager will meet your flight, transfer you to your hotel and get you oriented to the days to come. Enjoy a traditional Khantoke Dinner with classical and hill tribe dance displays.

Second to Fifth Day: Be picked up at your hotel for the day's adventure. You have a choice of some 13 different adventures on our buffet menu.

Sixth Day: You will be shuttled back to the airport. **Sawasdee!**

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The Hotel:

The Rim Chiang Mai - <http://www.therimchiangmai.com>

What's Included:

- 5 nights Accommodation (double occupancy)
- Breakfast daily, lunches during activities, welcome Khantoke Dinner
- Tour Manager
- Local Activity Guide(s)
- Up to four different adventures
- Airport pick up & drop off

Meeting & Flights:

Your Chiang Mai Expert will meet any flight during the day on your arrival day.

Fly into Chiang Mai (CNX) before 5 pm on Day 1

Fly out of Chiang Mai (CNX) after 10 am on Day 6

NOTE: Due to the late night arrival from and early morning departure of flights to North America, most guests will need to overnight in Bangkok going both directions.

Domestic Flights:

We suggest booking your flight between Bangkok & Chiang Mai separately from your international flight, as it will usually work out much more economical. For ease of connecting with international flights at Bangkok's Suvarnabhumi Airport, we suggest using either Thai Airways or Bangkok Airways. The budget airlines, such as Air Asia, Nok Air, etc fly out of the older Don Muang Airport in Bangkok.

Visas & Travel Documents:

Passports are required for all guests. Your passport should have at least 6 months validity past your intended travel dates. Visas are not required for citizens of the USA, Canada, UK, EU, Japan, Australia and New Zealand, a 30 day Entry Permit is issued upon arrival in Bangkok. Citizens of other countries should check with the Thai Embassy in their country.